

# PANTHER JULY 2014 VOLUME X, ISSUE 4

#### **IMPORTANT DATES**

Early Release Days
August 25th
September 8th
September 22nd
October 6th

School Holidays/Breaks
Labor Day
September 1st

Special Bell Schedules
Academic Conferences
October 1st, 2nd

Activities 6th Grade Orientation August 7th

> New Parent Orientation August 7th

Arena Day August 11th

Link Crew Freshman Orientation August 14th

First Day of School August 18th

> Picture Day August 21st

Fall Musical Auditions August 25th

Panther Afternoon August 29th

Back To School Night September 3rd

Events WASC Visit October 27th, 28th, 29th Principal /Superintendent Kathy Malain's Message:

Our school year went by quickly and productively. Our students have taken their last STAR tests and we successfully piloted our new on-line Smarter Balanced Testing that the state of California has adopted to measure the efficacy of the new Common Core Standards. Since one program was wrapping up and the other "testing the test", no scores will be reported this year in the state, so you will not be receiving the STAR test results that are usually mailed during the summer. This also means that neither U-Prep nor any other California school will be receiving an API score (Academic Performance Index) that generally lets the public know how the school measures up with others in the county and state. It is fortuitous that we have received many other accolades to demonstrate the success of our students and school: we were named a California Distinguished School for the second time this year, we received a Gold Medal rating from U.S. News & World Report, we were named one of America's Best High Schools by Newsweek, and we received a state rank of 32 and national rank of 285 by the Washington Post (based on number of graduates, college attendees, test scores, etc.) Look for our Congratulations, Graduates! advertisement in the D.A.T.E. section of the Record Searchlight which will be coming out June 19.

Our students have been busy registering for classes next year. We introduced five new elective classes this year—Symphonic Orchestra, Drafting, Video Production, Music Production, and Sustainable Living that were all extremely popular. For next year we are also introducing the following high school classes:

#### **AP Psychology- Grades 9-12**

The purpose of the AP course in Psychology is to introduce the systematic and scientific study of the behavior and mental processes of human beings and other animals. Included is a consideration of the psychological facts, principles, and phenomena associated with each of the major subfields within psychology. Students also learn about the ethics and methods psychologists use in their science and practice. Through the course, students will be prepared to take the College Board Advanced Placement exam, and possibly receive college course credit. This course covers the following topics: History and Approaches, Research Methods, Biological Bases of Behavior, Sensation and Perception, States of Consciousness, Learning, Cognition, Motivation and Emotion, Developmental Psychology, Personality, Testing and Individual Differences, Abnormal Psychology, Treatment of Psychological Disorders, and Social Psychology.

#### **Entrepreneurship/Small Business Development- Grades 9-12**

The Entrepreneurship/Small Business Program will introduce students to the exciting world of creating and owning their own business. Students will learn concepts and techniques for planning an innovative business, and managing the business components from business planning, marketing, public relations and finances. With "learning by doing" as the goal, students will write a business plan for business of their choice and will participate in a variety of business opportunities, through guest speakers, field trips, business plan development and others, such the Shasta College Youth Entrepreneurship Program (YEP), a local Entrepreneurship Competition, hosted by Shasta College. This is a great opportunity for students to learn an introduction to business.

#### Fitness for Life:

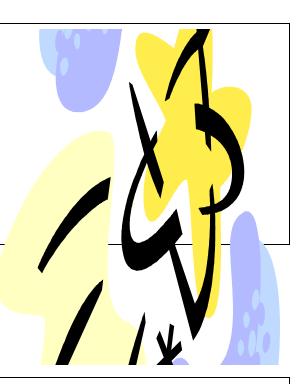
Students will learn about nutrition and how to make good food choices at home and at restaurants. They will participate in a variety of activities that promote lifetime fitness and health. These include but are not limited to:

- Circuit training
- Beginning Strength Training (light weights)
- Core Strengthening
- Aerobics
- Cardiovascular strengthening/endurance
- Yoga
- Plyometrics
- Pedometer exercises (putting in for grant)

Using a journal, students will also log and monitor their daily food and water intake, sleep patterns, and exercise output.

### Earth and Planetary Science (aka "Rock Star") - grades 9 - 12

Earth and Planetary Science will be the study of the Universe. It will begin with a review of chemistry and segue into mineralogy. The rock cycle will be covered in depth introducing the three basic classifications of rocks. We will then study the history of the earth and timescales. Geomorphology will include structures from the ocean to the plains. Lastly, the class will explore space, the origins of the universe, the life cycles of the stars and finally planets.



High School students should let Ms. Haworth know if they are interested in changing their course requests to include one or more of these classes.

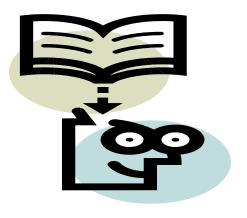
I thought we were going to have one year with no staff changes, but it was not to be. Rochelle Angley has been working on her Administrative Credential for the last couple of years and she has accepted an Assistant Principal position at a local middle school. Michael Garcia accepted a teaching position at a district high school. We will miss them both dearly. In addition to filling those positions, we will be hiring a Media Resource Center Coordinator this summer.

In the fall we will be opening a **Media Resource Center**, which will serve several purposes. It will be a place for our upper classmen with holes in their schedule to go study or relax during the school day. Students will also be able to seek tutorial assistance there in a variety of subjects. Athletes waiting for their games or practices after school will have a place to work on homework, utilize a computer, etc. We are excited about the prospects!

In August our new 6<sup>th</sup> grade students will have a half-day social led by Matt Williams, our middle school counselor and his Peer Mentors using activities designed by WEB (Where Everyone Belongs). Following the social will be an orientation for new parents. Also in August we will have an orientation event/social for our new ninth graders led by teachers John Cabral, Tawni Kramer, and our high school Link Crew. This will be followed by a short "Instructional Boot Camp" to teach our new ninth graders study skills that were already taught to students who attended our junior high. Mark the dates and come get acquainted!

#### GOOGLE CHROME BOOKS!

Is your son or daughter begging you for a tablet, iPad or laptop? U-Prep purchased complete class sets of **Google Chrome Books** for all of the sixth, seventh, and eighth grade Core classes last year. They were so popular that many of the high school teachers have ordered them for use in their classes next year. A personal Google Chrome Book costs about \$220. You might want to consider purchasing a Google Chrome Book for your child to have at home instead of another brand since it would be perfectly compatible with the work he or she is doing at school. If your child is in junior high, it would be best if he or she borrowed one from us to use at school and kept his/her personal device at home to ensure that it is not lost or stolen.



## High School Counseling Corner

Congratulations to all of our U-Prep graduates!

Good luck in all of your future endeavors class of 2014.

As your student prepares for their future plans always keep in mind the UC/CSU Subject Admission Requirements ("A-G" Coursework). U-Prep's graduation requirements encompass the <u>required</u> A-G courses. If your student plans to apply to a UC or CSU make sure they are taking the <u>recommended</u> courses for each subject area, it will only help with admissions to the UC or CSU system.

Required "A-G" Courses Required "A-G" Courses

- a. History/Social Science 2 YEARS REQUIRED
- b. English 4 YEARS REQUIRED
- c. Mathematics 3 YEARS REQUIRED, 4 YEARS RECOMMENDED
- d. Laboratory Science 2 YEARS REQUIRED, 3 YEARS RECOMMENDED
- e. Language Other than English 2 YEARS REQUIRED, 3 YEARS RECOMMENDED
- f. Visual and Performing Arts (VPA) 1 YEAR REQUIRED
- g. College-Preparatory Electives 1 YEAR REQUIRED

Juniors- There will be a new SAT prep advisory class. If you are interested in enhancing study skills while preparing for the SAT this is the advisory for you! Please contact Ms. Haworth in August if you want to take advantage of this opportunity.

Summer break is an important time to plan ahead; visit college campuses, take part in summer camps/programs and volunteer for community service activities. Start thinking about what interests you and research to find out more about it.

Congratulations to all of our U-Prep students for another successful year. Have a wonderful summer break!

Ms. Haworth khaworth@suhsd.net

#### <u>A MESSAGE FROM MR. WILLIAMS:</u>

On Thursday, August  $7^{th}$  there will be an orientation for all  $6^{th}$  grade students from 3:15-6:15pm. This is a student only orientation for new  $6^{th}$  graders to get to know their classmates, make new friends, and tour the school.  $8^{th}$  grade WEB (Where Everybody Belongs) leaders are well trained and excited to help your  $6^{th}$  grader get to know U-Prep! Please drop your student off in the big gym.

# **Athletics Update**



#### Junior High Sports:

#### Junior High Track-

Junior high track had a great season. Although the team was smaller, we ended the season with 91 students on the roster. There were a number of school records broken this season. 14 were broken at the two day finals meet against 5 other schools. Our distance runners placed first in all of their races and over all the distance teams placed in the top three. This was a great season for the 100m, high jump, and relays. We are looking forward to next year.

#### **High School Sports:**

#### High School Track-

The season ended with two Mid Valley League Team titles: Varsity Girls 221 over Hamilton City's 137 and Varsity Boys 218 over Hamilton City's 89 points and one Division III Section Team Title in the JV Boys.

Congratulations to our two graduating seniors continuing their track careers next year in college. Helen Mino Faukner will be running at the 4 year university, while Lino Lovotti accepted a track scholarship to William Penn University.

#### Varsity Baseball-

Varsity baseball finished their season as five star league champions. They moved on to the play-offs as the number one seed, receiving a first round bye. After a hard fought seven innings U-Prep lost in the second round of play-offs. Best of luck for next year!



## **Other Sports News:**

#### **Sports Physical Night**

This is an opportunity to get a sport physical done prior to all U-Prep try-outs and sport seasons. Every athlete is required to have a physical on file prior to any sports try-out.

#### When: Arena Day August 11th

Location/ Time: Registration in the quad (physicals will be done in specific classrooms) **6:00PM-8:00PM**Cost is \$10.00 a physical

#### Summer Sports Camps:

Derrick Williams Basketball Clinic July 28th– July 31st Open to all interested athletes .

Contact Steven Schuster for more details

sschuster@suhsd.net

<u>Volleyball:</u> Ages 8-14 (4th-8th grade) June 9th-12th from 9:00AM to noon and/or August 4th-7th from 9:00Am to noon. \$75.00 per camp or \$140.00 for both.

<u>Basketball:</u> Open to boys and girls grades 2nd through 8th. June 23rd-June 26th 9:00AM to 2:00PM. \$85.00 per camper including lunch.

<u>Soccer:</u> Open to boys and girls grades 2nd through 8th. Aug. 4th– Aug 8th 8:00AM to 10:00AM. \$65.00 per camper this includes size 5 soccer ball.

<u>Flag Football:</u> Open to boys and girls grades 2nd through 8th. June 9th-June 13th 9:00AM to 1:00PM. \$85.00 per camper including lunch.

For more detailed summer camp information please visit uprep.net or the school office.



• Banner Donations for the upcoming year are now being accepted!! Banner donations are an opportunity to support Panther Athletics while advertising your business in the gym and/or one of the various fields we have throughout the school year. For more information please contact Robyn Johnson, the athletics secretary. Phone: 245-2790 email: rjohnson@suhsd.net

# Help Wanted: Scrip Coordinator

The University Preparatory Educational Foundation is looking for that special person willing to take over the greatest fundraiser that ever was. Ok, I may be a bit biased.

You must appear to be highly organized and have an almost compulsive attention to detail, it's handy. A sense of humor is critical. You must play well with others and be available to give a monthly accounting of exactly what the heck you've been up to the previous month with the program. You must be able to pull an all day shift at Arena Day (bring snacks) and be willing to talk about the scrip program until your voice is gone, but not care because you love it that much. You must be willing to haul your dog and pony show to all evening school events that require your presence. (Don't worry, there's only a couple and the pony is small.) You must be willing to pick up local gift cards, make deposits, and run to the school, sometimes daily when things are busy. Of course, you don't mind because your dedication is endless.

If you are that special person that can do all of the above and make me proud to hand this most special fundraiser over, email Debbie Pappas at <a href="mailto:uprepscrip@suhsd.net">uprepscrip@suhsd.net</a>. I will give you the full picture and if you're still scared I will hold your hand until you're ready to fly it on your own.

If the above hasn't convinced you that this is a crucial program to keep alive, here's one more: **\$13,000.00.** 



U-PREP PRESENTS;
HELLO DOLLY!
NOVEMBER 14TH, 2014 7:00 P.M.
NOVEMBER 15TH, 2014 2:00 & 7:00 P.M.
NOVEMBER 21ST, 2014 7:00 P.M.
NOVEMBER 22ND, 2014 2:00 & 7:00 P.M.
DIRECTED BY M. ROMNEY CLEMENTS
MUSICAL ARRANGEMENTS BY BRAD FOWERS
DANCE CHOREOGRAPHY BY MARISSA KINNEAVY

#### ALUMNI SPOTLIGHT: MARK & KIM VINCELLI

Our spotlight this quarter showcases siblings Mark & Kim Vincelli. After graduating in 2010 from **U-Prep**, Mark studied for two years at **Shasta College**. In 2012 Mark transferred to **UC Davis** to study Economics.

Mark will graduate from **UC Davis** in December with a BA in Economics. His love of basketball has lead him to work with the UC Davis Women's Basketball Team as a practice player, where he helps the team prepare for upcoming opponents. He has been an active member of CRU (Campus Crusade for Christ), participating in service projects, retreats, conferences, and acting as a bible study leader and team leader this past year.

Because of his commitment to CRU and his desire to be a resource and encouragement to students, he will serve as an intern with CRU for a year beginning this September – culminating with leading a short term, summer mission trip. Once that concludes in July '15, he will likely pursue employment utilizing his Economics degree.

Mark's younger sister, Kim, graduated from **U-Prep** in 2012. Upon graduation from high school, Kim relocated to Southern California to attend **Pepperdine University**.

Kim is going into her third year at Pepperdine University this fall, working toward degrees in Religion and Intercultural Communications. Her interest and involvement in mission work has taken her to Hawaii, Seattle, and Guatemala the past two years with other students from Pepperdine, to work in orphanages, non-profits, and homeless shelters. In the fall of 2013 she participated in Pepperdine's Washington DC internship program, where she worked for the Department of Education, focusing on outreach to principals and teachers throughout the country. That program also took her to the Middle East, where she was able to explore Abu Dhabi and Dubai for eight days.

Recently, Kim spent four weeks in Uganda and Rwanda with Pepperdine's East Africa abroad program, specifically learning about the effects of western non-profits in Africa. Next year she will be a University Ministries Student Leader for Malibu Presbyterian Church, a Project Serve Leader, leading a mission trip during her spring break, and continue her work in the University Speech Lab, where she tutors public speaking students.

We are proud of Mark and Kim, and wish them continued success with their respective endeavors!



For all of you basketball fans out there...this photo of Mark & Kim was taken at the Men's NCAA West Regional Finals.

Arizona vs. Wisconsin . March 2014